

Macu-Vision®

Blackmores Macu-Vision® provides antioxidant nutrients important for the maintenance of healthy eyes. These nutrients play a significant role in defending against free radical damage in the macular region of the retina and the lens of the eye.

Features and benefits

- Provides nutrients important to the macular region, the central part of the retina
- Based on the clinically trialled AREDS formula*
- Every product sold supports the MD Foundation

*The AREDS research studied eye health in 3553 people. To improve the formula betacarotene has been removed and synthetic vitamin E has been replaced with natural vitamin E.

How it works

Antioxidants act as 'free-radical scavengers'. Free radicals are common in the body, arising through a variety of mechanisms. Many of these free radicals are dealt with by the body's own free radical, antioxidant defences. Some free radicals however escape these defences, and cause cellular damage. Research suggests that accumulation of free radical cellular damage can result in degenerative conditions.

The antioxidants zinc and vitamins C and E play a significant role in defending against free radical damage in the macular region of the retina and lens of the eye.

Dosage

Adults - Take 1 tablet daily with main meal, or as professionally prescribed.

Not recommended for children under 12 years of age.

Cautions

- Contains zinc, which may be dangerous when taken in large amounts or for a long period.
- Not recommended during pregnancy.
- Always read the label. Use only as directed.

Side effects

- May occasionally cause gastric irritation if taken without food.

Active ingredients per tablet

Vitamin C (Ascorbic acid)	250 mg
Natural Vitamin E (d-alpha tocopheryl acid succinate 165 mg)	200 IU
Zinc oxide (Zinc 40 mg)	49.8 mg
Cupric oxide (Copper 1 mg)	1.3 mg

Medicine interactions

- If taking tetracycline or quinolone antibiotics separate doses by at least 2 hours. Zinc may decrease the absorption and efficacy of these medications.

Physical description

A medium sized white/yellow-brown, oval shaped tablet with a break bar. Film-coated light yellow.